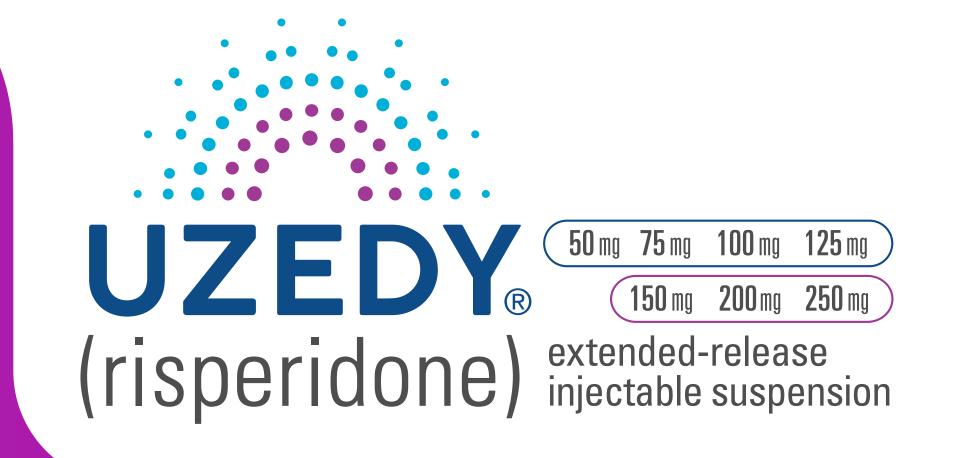


## ACCESS GUDE



### Practical guide for providers prescribing UZEDY: Authorizations, exceptions, and appeals

This is a resource to help providers understand how to work with government and private payers to secure coverage for medically necessary prescription drugs.

It covers the 3 primary categories or types of requests for additional information payers may ask a provider to complete regarding a prescribed medication.

#### These are:

- Prior authorization (PA)
- Exceptions (a type of coverage determination)
- Appeals

#### Processes and procedures vary by plan and payer type.

Even if payer does not include a certain medication on their formulary or on a preferred tier, there are still ways to get patients the medications they have been prescribed.

This guide focuses on **practical tips** and **best practices** for a prescriber to provide a payer with the **necessary information** to help alleviate any barriers to patients' access to medications.

### PRIOR AUTHORIZATION (PA) Overview >

Documentation with PA Requests >

1.2 Checklist >

### 2 EXCEPTIONS

2.1 Overview >

Timelines >

2.2 Checklist >

### 3 APPEALS

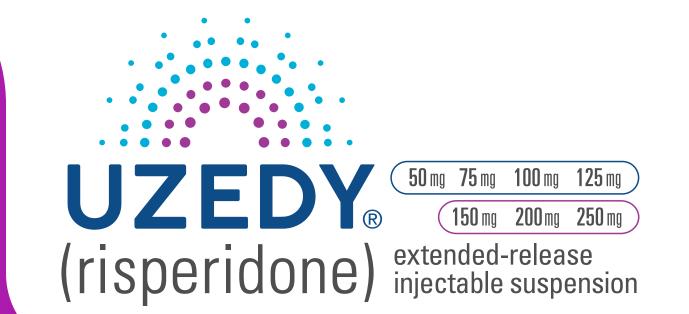
- 3.1 Overview >
- 3.2 Medicare Part D Appeals & Timelines >
- 3.3 Medicaid Appeals >
- 3.4 Checklist >

### 4 SAMPLE FORMS & LETTERS >

- 5 MEDICAID & MEDICARE RESOURCES >
- 6 ACCESSING UZEDY >
- REFERENCES >



## 1.1 PRIOR AUTHORIZATION



### **OVERVIEW**

PA is a common requirement of government and commercial payers, including pharmacy benefit managers (PBMs). PA describes the processes payers use to **ensure appropriate use** of certain drugs and services. Also called pre-authorization (or pre-auth), a PA process generally requires providers to submit payer-specific documentation of medical necessity for a requested therapy or service to be approved for coverage.<sup>2,3</sup>

- The PA process requires the provider to contact a patient's payer and receive approval before a certain drug or service will be covered
- The provider must demonstrate why the certain therapy or service is medically necessary for the patient

### Tips for success with PAs



- Many payers have moved PA processes online to streamline and automate review and authorization<sup>4</sup>
- Always check the payer's provider portal for the latest forms and information about how to submit
- PA support for UZEDY can also be obtained through the CoverMyMeds portal

### DOCUMENTATION WITH PA REQUESTS

It's important to confirm each individual payer's **rules for submission** of PA requests.<sup>4</sup> For example:

- Does the payer require use of plan- or product-specific PA forms?
- Does the payer accept verbal PA requests and information?
- Is there a standard format for statements of medical necessity?

If the payer requires use of specific forms, it may be beneficial to submit additional information, such as a letter of medical **necessity**, to supplement the brief narratives allowed on the form. Some of the types of information that payers may specifically request, or that the provider may choose to provide to support medical necessity for UZEDY include<sup>3-5</sup>:

- Overview of the clinical course of schizophrenia and treatment challenges
- Severity of patient's condition, including functional status and limitations
- Previous treatments, including duration and response to treatment, and rationale for discontinuation
- Recent emergency treatment, hospitalization, and number of prior relapses and re-hospitalizations

teva Preparing a Letter of Medical Necessity for Treatment with UZEDY® (risperidone) extended-release injectable suspension Download a UZEDY sample > letter of medical neccessity

Please see the full Prescribing Information for UZEDY, including Boxed WARNING.

**Prior Authorization** Appeals Exceptions ✓ Checklist **✓** Checklist ✓ Checklist

Sample Forms & Letters

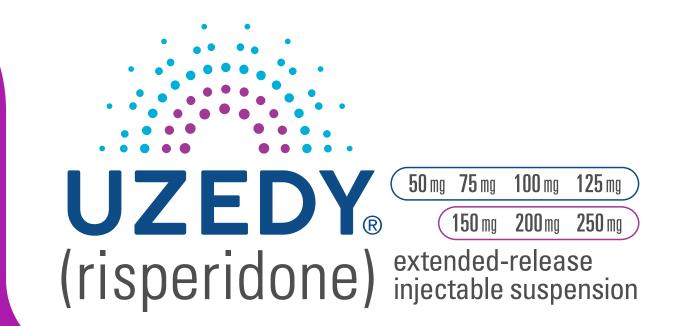
Medicaid & Medicare Resources

Accessing UZEDY

References



## 1.2 PRIOR AUTHORIZATION



### CHECKLIST

- Locate information about the payer's PA process in the patient or provider handbook or from customer service. Review the process and access any required forms.
- Develop a brief, clear statement of the patient's needs and rationale for the request and compile information to support the medical necessity and urgency of the authorization.
- Complete and submit using payer-specific forms and submission methods.
- Gather details on how and when the payer's decision will be delivered to the provider and/or the patient. Confirm timing, based on standard or expedited timelines.

## NEXT STEPS

### If coverage is not authorized

Complete and correct PA requests are frequently authorized by payers. However, in the event a payer determines that a patient does not meet its PA criteria, the patient and/or provider may request a coverage determination. 4,6



For additional support, contact Teva Shared Solutions.

Call 1-800-887-8100 (9am to 8pm ET, M-F)

Please see the full Prescribing Information for UZEDY, including Boxed WARNING.

**Prior Authorization** 

**✓** Checklist

✓ Checklist



## 2.1 EXCEPTIONS



### **OVERVIEW**

A coverage determination is a request for a response to a formal inquiry about coverage. An **exception request** is a **type of coverage determination.**<sup>6</sup>

Most payers allow patients, designated representatives, or providers to request a coverage determination, such as an exception request, regarding prescription drug coverage. Similar processes may apply to coverage determinations for pharmacy and medical benefit-covered drugs.

### Types of exceptions

Requesting an exception to a payer's coverage policy may be appropriate if the provider's benefits investigation uncovers that 6,7:

- A requested drug is not on formulary
- The payer has denied access to or payment for a requested drug
- An exception is needed regarding the amount a patient must pay for a drug (also called a tiering exception)
- There is a quantity or dose limit that is inappropriate for the patient, or the provider believes it is medically necessary to not follow step therapy rules
- There is a need to determine whether **PA or other requirements** have been met

#### Medicare Part D exceptions

There are 2 types of **exception requests**<sup>7</sup>:



- Formulary exception: To obtain a prescription drug that is not on a Part D plan sponsor's formulary or to waive step therapy or quantity/dosing limits
- Tiering exception: To obtain a non-preferred drug at equivalent cost sharing to drugs in the preferred tier

### How to submit an exception request

The patient, their representative, or the provider must submit a supporting statement to the Medicare Part D plan sponsor that documents the medical necessity of the requested exception.<sup>7</sup>

A plan sponsor may have their own request form, or a CMS Request for Medicare Prescription Drug Coverage Determination form is available to download on the CMS website.<sup>7</sup> It may be appropriate to submit a Letter of Medical Necessity along with the form.

For the types of requests listed below, your prescriber MUST provide a statement supporting the request. Your prescriber can complete pages 3 and 4 of this form, "Supporting Information for an Exception Request or Prior Authorization."

| I need a drug that's not on the plan's list of covered drugs (formulary exception)
| I've been using a drug that was on the plan's list of covered drugs before, but has been or will be removed during the plan year (formulary exception)
| I'm asking for an exception to the requirement that I try another drug before I get a prescribed drug (formulary exception)
| I'm asking for an exception to the plan's limit on the number of pills (quantity limit) I can get so that I can get the number of pills prescribed to me (formulary exception)
| I'm asking for an exception to the plan's prior authorization rules that must be met before I get a prescribed drug (formulary exception).
| My drug plan charges a higher copayment for a prescribed drug than it charges for another drug that treats my condition, and I want to pay the lower copayment (tiering exception)
| I've been using a drug that was on a lower copayment tier before, but has or will be moved to a higher copayment tier (tiering exception)

Go to CMS.gov to download the Request for Medicare Prescription Drug Coverage Determination model form

Do you need an expedited decision?

lieve that waiting 72 hours for a standard decision could seriously he egain maximum function, you can ask for an expedited (fast) decisit waiting 72 hours could seriously harm your health, we'll ion within 24 hours. If you don't get your prescriber's support for a if your case requires a fast decision. (You can't ask for an king us to pay you back for a drug you already received.)

ithin 24 hours. If you have a supporting statement from your uest.

Date:

Submit this form and any supporting information by mail or formation by

### TIMELINES

Payers **must respond to exception requests** within a specified amount of time. The following response timelines are as defined by CMS for Part D plan sponsors and reflect general standards followed by many commercial payers<sup>7,8</sup>:



24 hours 72

#### **Expedited process:**

Payers must respond within 24 hours; reserved for high-risk patients

#### **Standard process:**

Payers must respond within 72 hours

For either process, clock starts with receipt of provider supporting information

Please see the full <u>Prescribing Information</u> for UZEDY, including Boxed WARNING.

hours

Prior Authorization Exceptions Appeals

✓ Checklist ✓ Checklist ✓ Checklist

Sample Forms & Letters

Medicaid & Medicare Resources

Accessing UZEDY



## 2.2 EXCEPTIONS



### CHECKLIST

- Locate information about the payer's exception request process in the patient or provider handbook or from customer service. Review the process and access any required forms.
- Develop a brief, clear statement of the patient's needs and rationale for the request and compile information to support the medical necessity and urgency of the exception request.
- Complete and submit using payer-specific forms and submission methods.
- Gather details on how and when the payer's decision will be delivered to the provider and/or the patient. Confirm timing, based on standard or expedited timelines.

## NEXT STEPS

### If the exception request is denied

If an exception request is denied, the payer will provide a written explanation of why and include information about how to appeal the decision.<sup>7</sup> A patient, their designated representative, or a provider can follow the progressive series of steps in the appeals process.<sup>7</sup>



For additional support, contact Teva Shared Solutions.

Call 1-800-887-8100 (9am to 8pm ET, M-F)

Please see the full Prescribing Information for UZEDY, including Boxed WARNING.

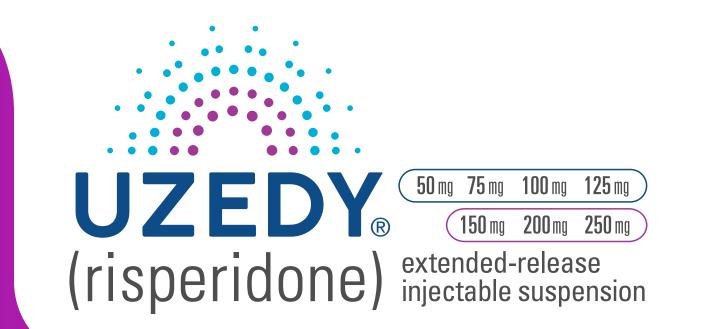
Prior Authorization

✓ Checklist

✓ Checklist



## 3.1 APPEALS



### **OVERVIEW**

The **next step after denial** of an exception request is to appeal. An appeal is a formal challenge of a payer's adverse coverage determination regarding benefits that a provider believes a patient should receive. All payers are required to have formal appeals processes and to provide a written explanation of the next possible level of appeal when a request is denied. 10,11



Download a UZEDY sample letter of appeal

incidence of cerebrovascular adverse events (e.g., stroke, transient ischemic attack), including fatalities, in patients treated with or drugs. Clinical manifestations of NMS are hyperpyrexia, muscle rigidity, altered mental status including delirium, and autonomic instability irregular pulse or blood pressure, tachycardia, diaphoresis, and cardiac dysrhythmia). Additional signs may include elevated creatine Please see the full Prescribing Information for UZEDY, including Boxed WARNING

### **APPEALS**

#### **Administrative denial**

In many cases, the denial may be the result of an administrative error or omission such as<sup>12</sup>:

- Incorrect dates
- Improper coding
- Missing documentation



Providers can **amend and resubmit** the request, rather than launching a formal appeal. 12

#### **Clinical denial**

In the event of a clinical denial – for example, the payer has determined a patient has not met the PA criteria for the requested drug – an appeal may be appropriate $^{3,11}$ :

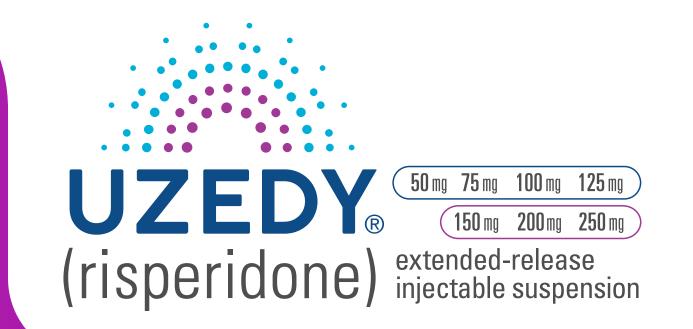
- Payer appeal processes generally have several levels
- Individual payers and PBMs may have unique appeals processes



Many payers follow the well-established Medicare Part D appeals model. 10



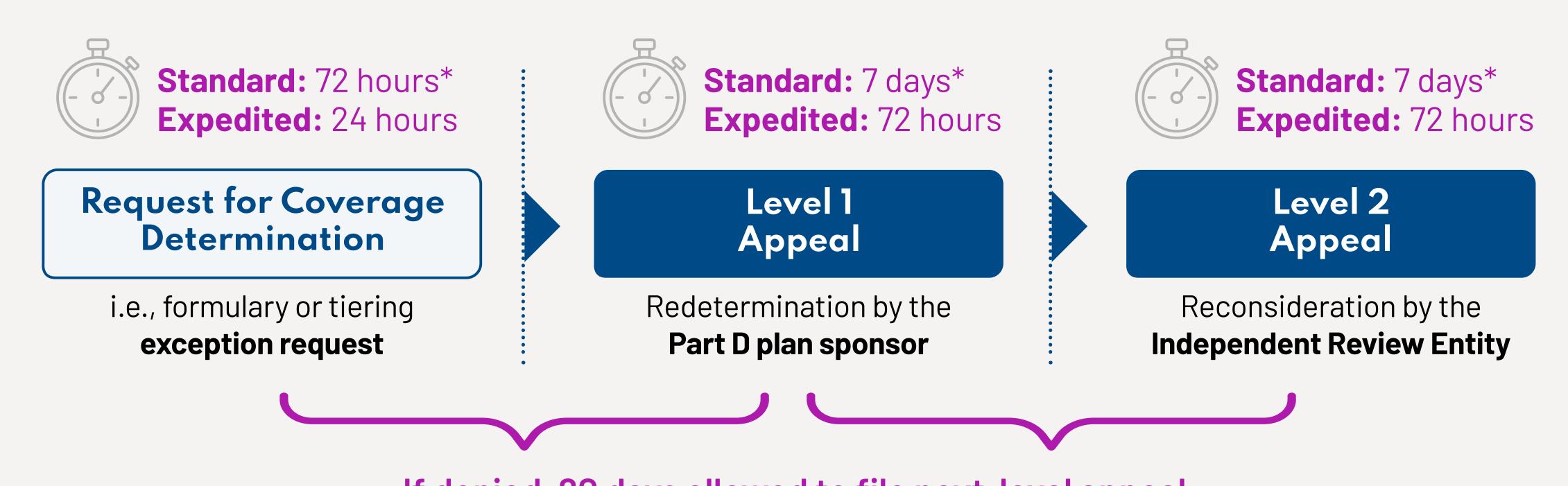
## 3.2 APPEALS



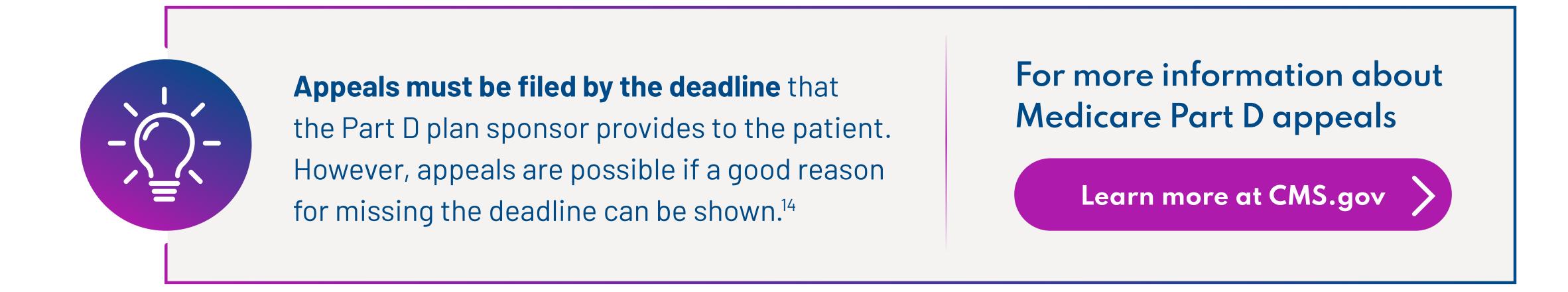
### MEDICARE PART D APPEALS & TIMELINES

#### Appeals levels

Payers are required to respond to each level of appeal within a specified time frame and offer both standard and expedited processes. The figure below illustrates the Medicare timelines for each level of appeal. Non-Medicare payers may have different timelines:



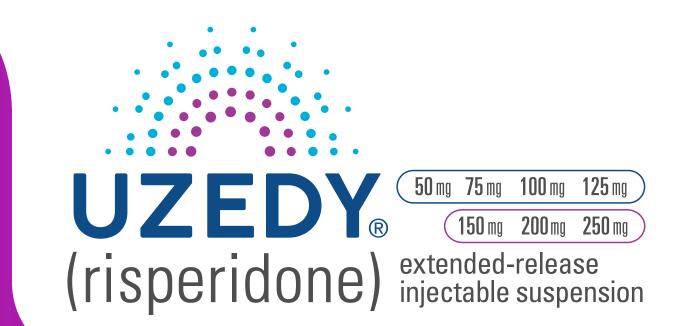
If denied, 60 days allowed to file next-level appeal.



<sup>\*</sup>Time limits shown are for benefit-related appeals. Plans are allowed up to 14 days to respond to payment-related appeals.



## 3.3 APPEALS



### MEDICAID APPEALS

#### Federal requirements and state options

Federal law requires that state Medicaid programs have a process for beneficiaries to appeal adverse decisions. These rules apply to decisions about eligibility or coverage of services under fee-for-service Medicaid or by a Medicaid managed care plan. 11

#### **Federal**

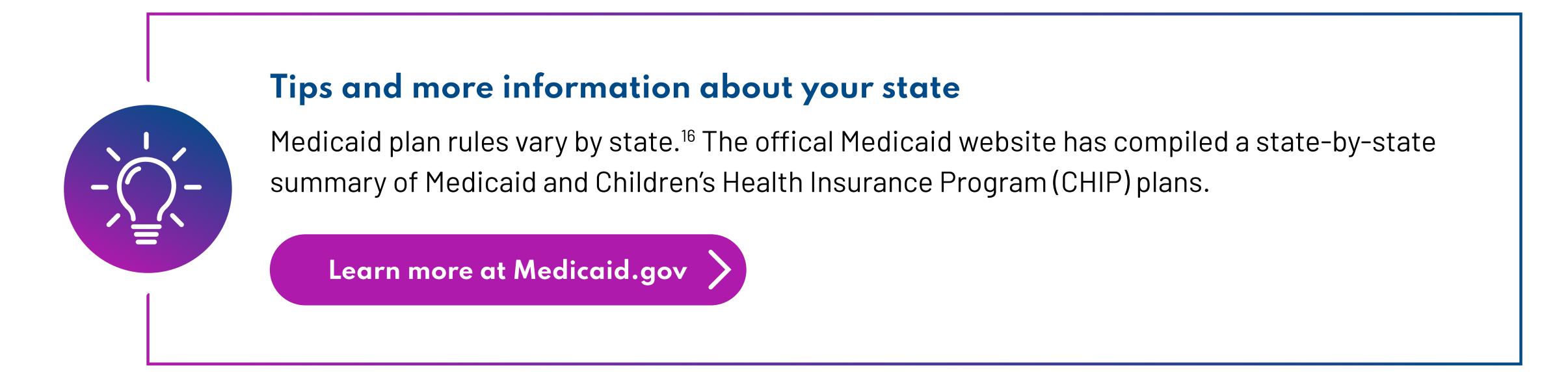
Federal requirements for Medicaid plan appeals include 15:

• Initiation of the process by providing to the beneficiary a written notice from the Medicaid program or heath plan of an intended termination or suspension

#### State

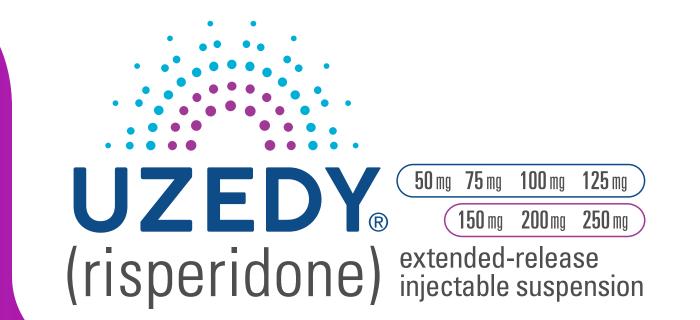
States can opt to offer the beneficiary a local hearing (at the local or county level) before a state-level appeal.

- If the state does not offer local hearings, a state-level hearing, if requested, must be provided within a reasonable time frame 15
- In general, states must take action within 90 days after a request for a hearing has been received 15
- States may not terminate or reduce services until a final decision is reached 15





## 3.4 APPEALS



### CHECKLIST

Prior Authorization

- Locate information about the payer's appeals process in the patient or provider handbook or from customer service. Review the process and access any required forms.
- **Develop** a brief, clear statement of the patient's needs and rationale for the appeal and compile information to support the medical necessity and urgency of the appeal.
- Complete and submit using payer-specific forms and submission methods.
- Gather details on how and when the payer's decision will be delivered to the provider and/or the patient. Confirm timing, based the type or level of appeal.

## NEXT STEPS

### If the appeals are unsuccessful

- An unfavorable decision by the payer at any level of appeal will include information about requirements to file for the next level of appeal<sup>10</sup>
- Once all internal appeal levels have been exhausted, the case may be eligible for **external review**<sup>13</sup>
- A provision of the Affordable Care Act (ACA) was to require all health insurers in all states to participate in an **external review process** that meets minimum consumer protection standards<sup>11</sup>
  - Note that the ACA external review process rules do not apply to **self-funded** plans. If your patient belongs to a self-funded plan, it may be appropriate to contact the employer's human resources department for additional guidance<sup>11</sup>
- If the appeal reaches an external review, the payer must accept the reviewer's decision<sup>11</sup>

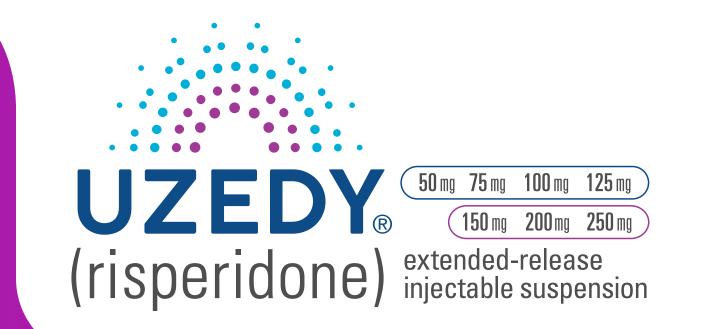
## teva | Shared Solutions

For additional support, contact Teva Shared Solutions.

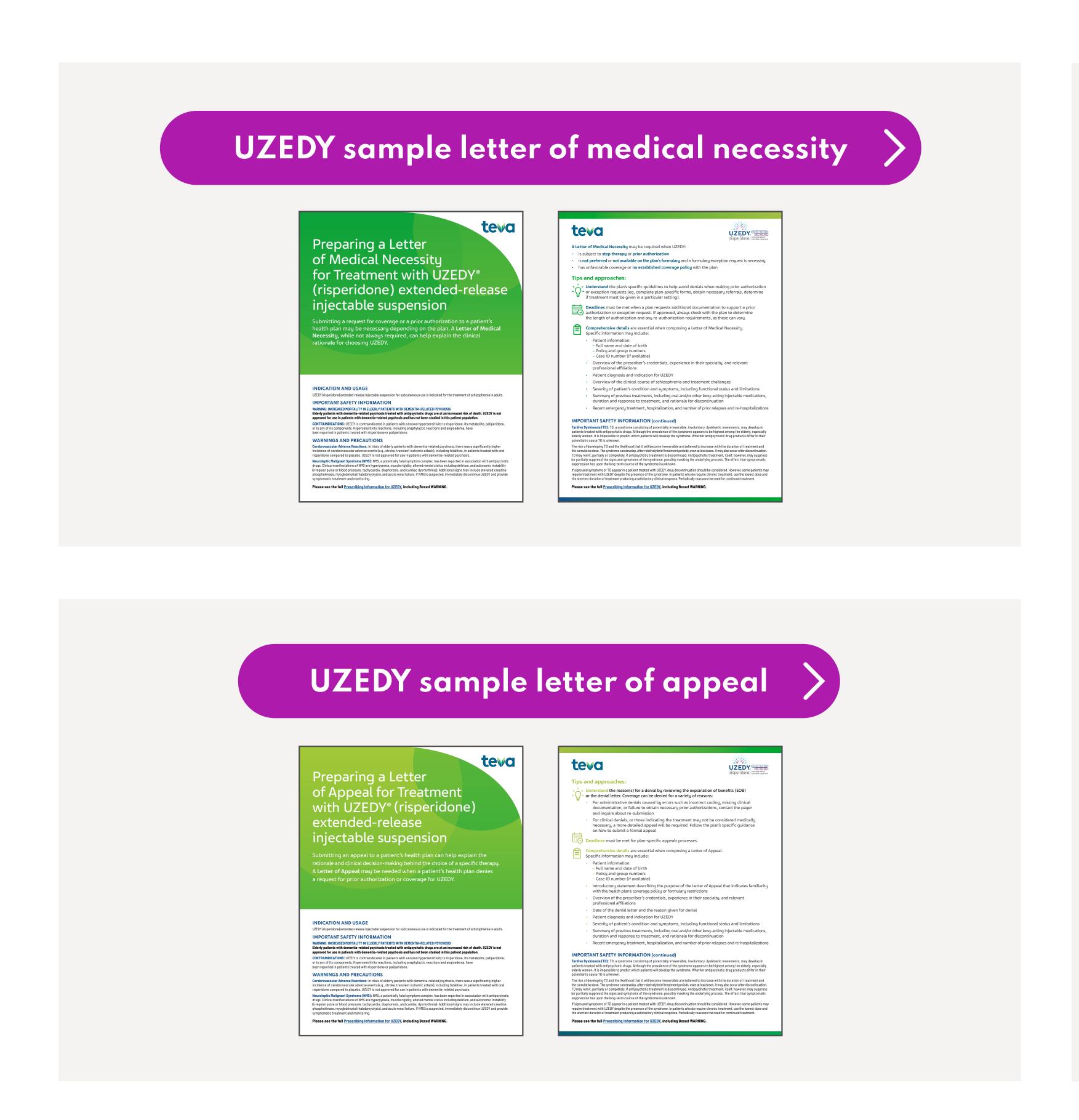
Call 1-800-887-8100 (9am to 8pm ET, M-F)

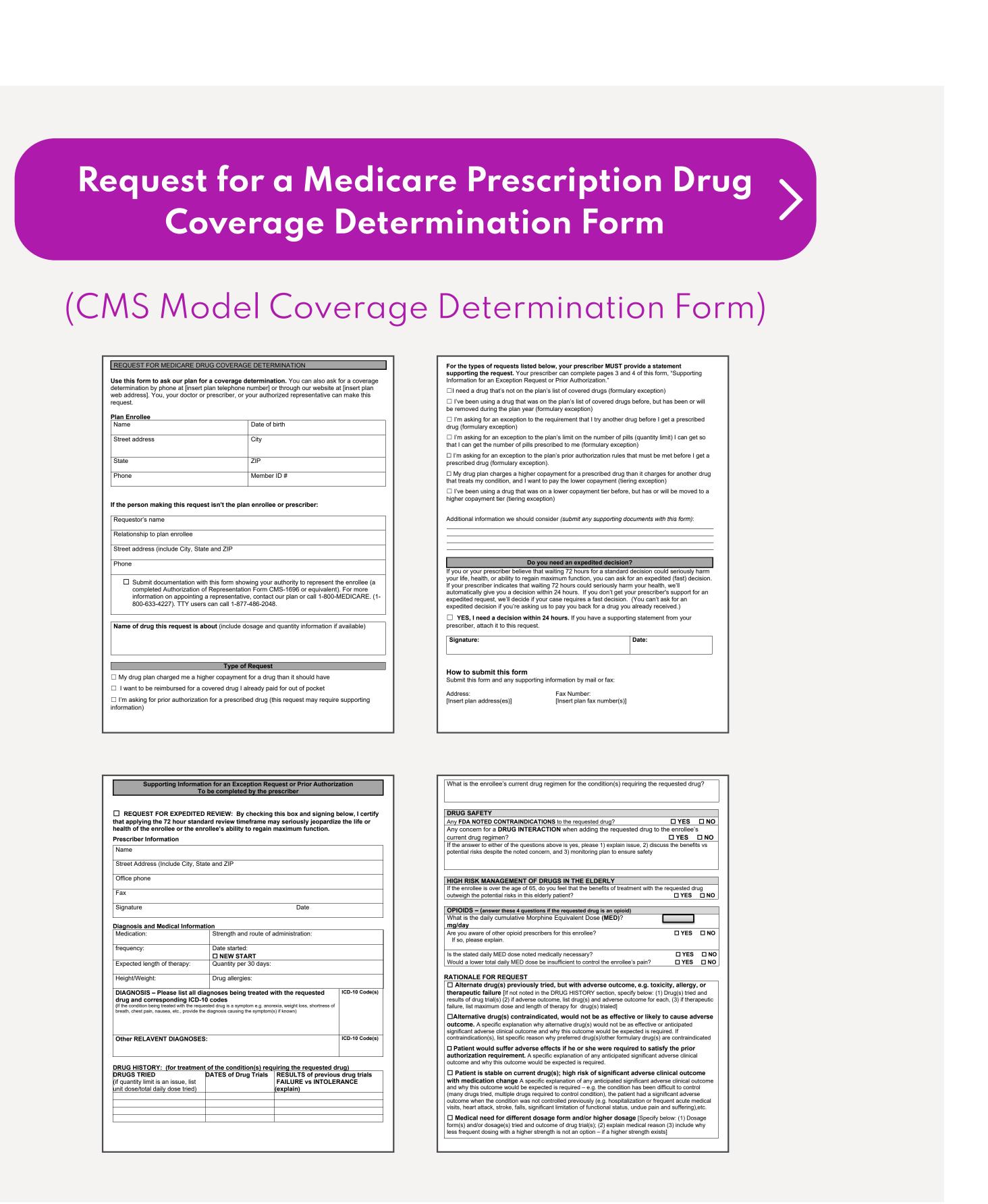


## 4 SAMPLE FORMS & LETTERS



### TAP TO NAVIGATE TO EACH EXAMPLE





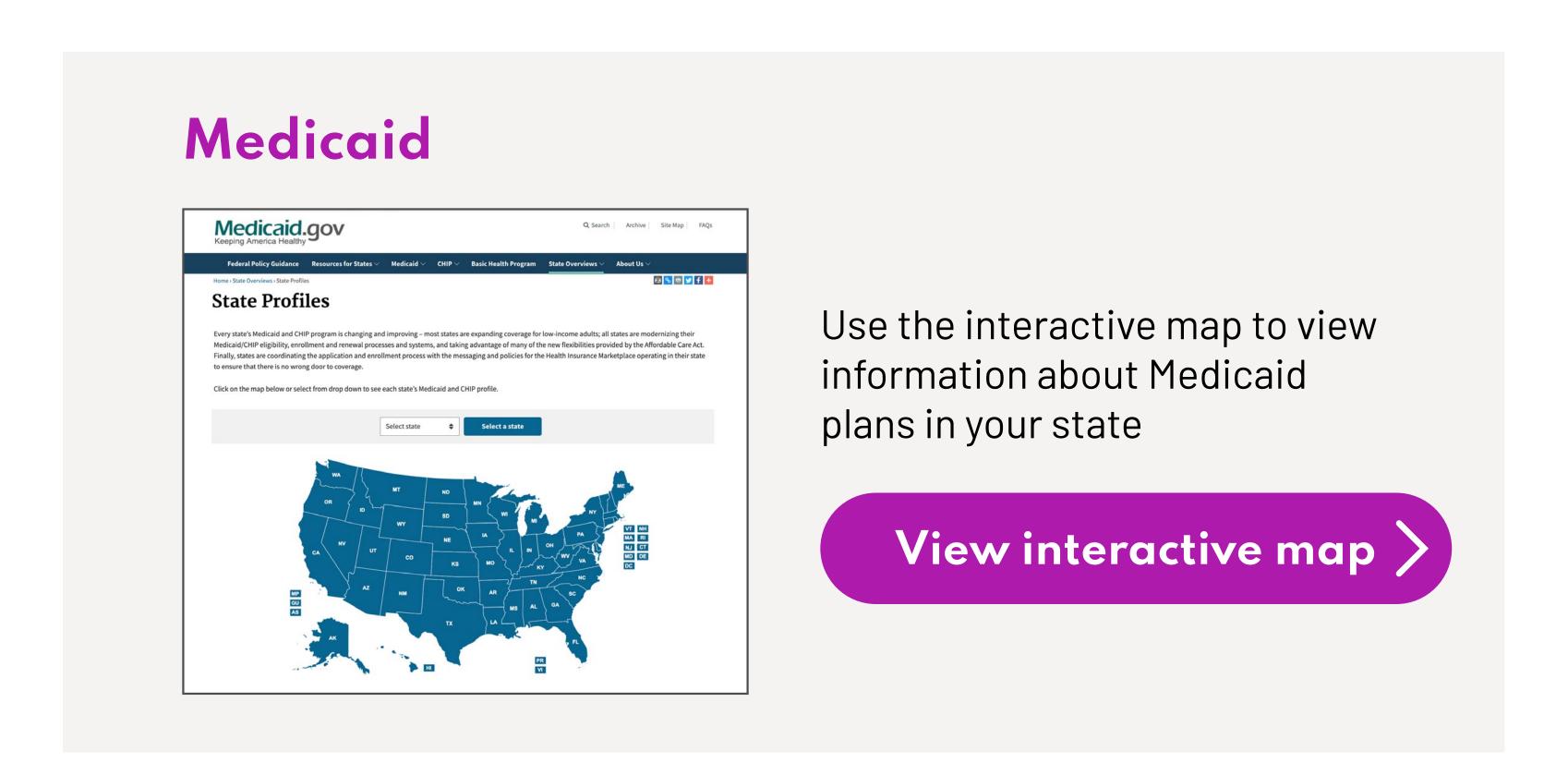
Please see the full Prescribing Information for UZEDY, including Boxed WARNING.

✓ Checklist

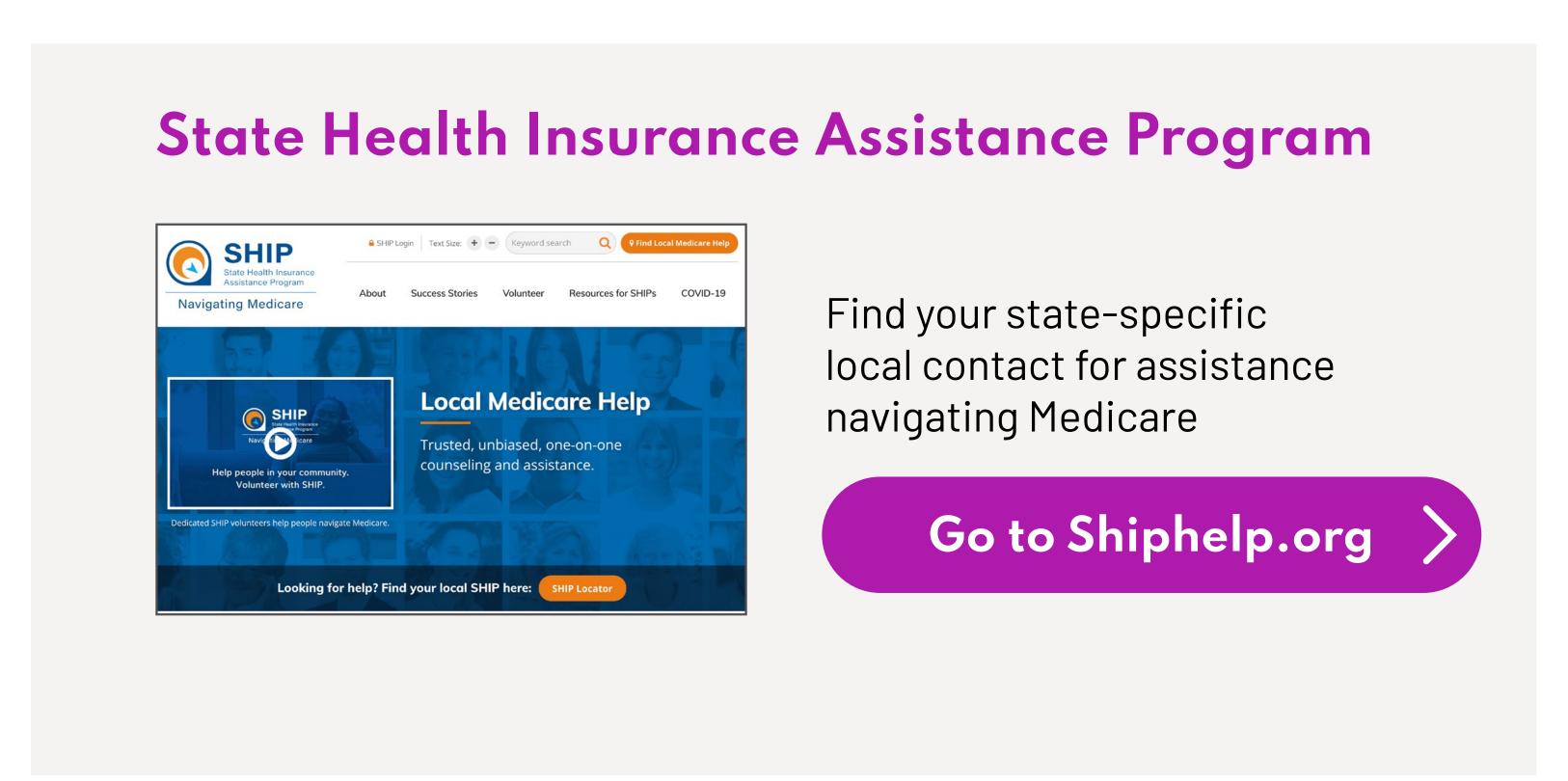


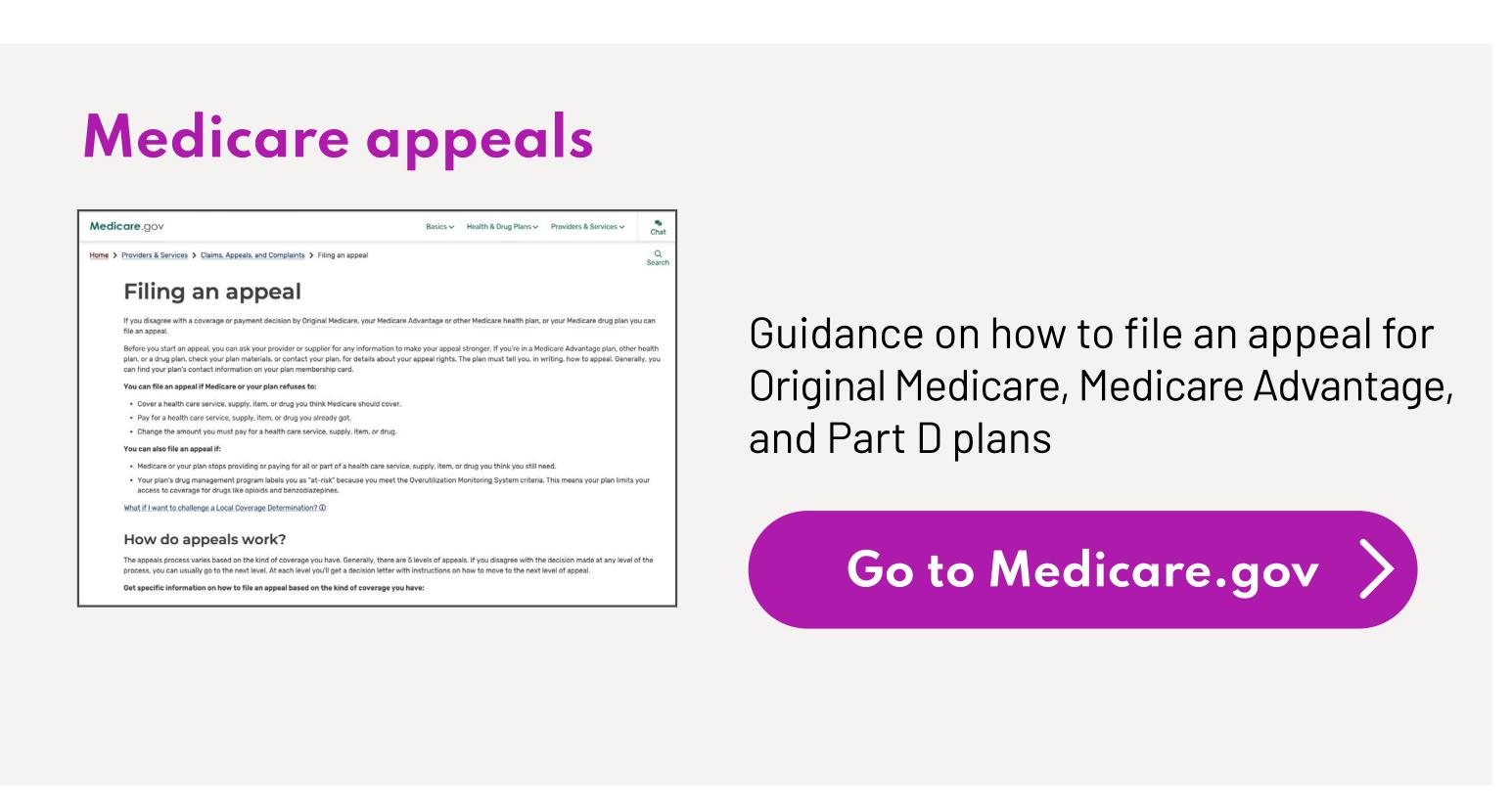
## 5 MEDICAID & MEDICARE RESOURCES













## 6 ACCESSING UZEDY





A dedicated team can support you through the steps of starting and staying on treatment.



### Benefits verification and support

Confirms prescription coverage and pharmacy options based on patient benefits from Medicare, Medicaid, or private insurance



#### Prior authorization/appeals support

Communicates the prior authorization requirements, and supports the appeals process if needed



### Coordination with the pharmacy

Coordinates care with the patient, prescriber, pharmacy, and site of care



### Nurse navigator guidance and support

Helps patients stay informed about their treatment journey with UZEDY and answer treatment-related questions



#### Alternate site-of-care network

Provides a directory of available treatment locations



#### Savings offer

Reduces costs for commercially insured patients (eligible patients may pay as little as \$0 for once-monthly or once-every-2-month dosing options of UZEDY)\*

\*Offer is available for patients with commercial insurance only. This offer is NOT available for patients eligible for Medicare, Medicaid, or any other form of government insurance coverage.

If you have any questions or need support, please call 1-800-887-8100, 9 am to 8 pm ET, Monday through Friday.

Your UZEDY ARM team can also contact Teva Shared Solutions to assist you.

# covermymeds®

#### PA support for UZEDY

By automating part of the process providers and pharmacists use for PA requests, CoverMyMeds helps patients access their medications faster.\*

#### CoverMyMeds offers a streamlined process for submitting PA requests.

- Available at no cost to providers and their staff
- Receive faster PA determinations, often in real time\*
- Submit requests for any medication and all plans

<sup>\*</sup>Compared with phone and fax.



#### Questions?

CoverMyMeds can help.

Live support available: 1-866-452-5017 or chat at covermymeds.health Resources: covermymeds.com/main/support/





Please see the full Prescribing Information for UZEDY, including Boxed WARNING.

Prior Authorization Appeals Exceptions ✓ Checklist **✓** Checklist ✓ Checklist

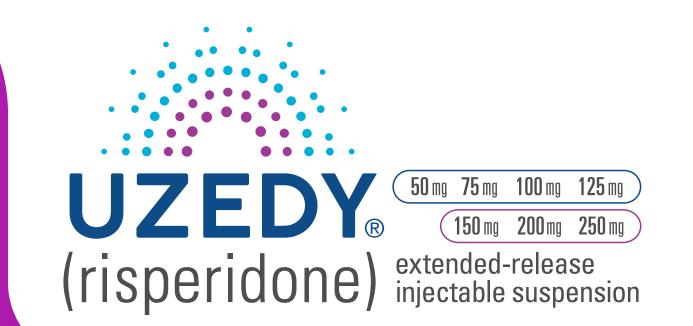
Sample Forms & Letters

Medicaid & Medicare Resources

**Accessing UZEDY** 



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